



**For Immediate Release**

Media Contact:  
Sara Wacker, APR  
(858) 945-1104  
[Sara@SaraWackerAPR.com](mailto:Sara@SaraWackerAPR.com)

## **Kami Hoss, DDS, MS, of The Super Dentists Shares the Link Between Oral Health & COVID-19**

**\*\*Dentist Kami Hoss launches free eBook in advance of anticipated new book, "If Your Mouth Could Talk"\*\***

*San Diego, Calif. (Oct. 27, 2020) – Dr. Kami Hoss, dental expert and founder of The Super Dentists, Howard Healthcare Academy, and Acceledontics, discusses the link between oral health and COVID-19 in a complimentary new eBook in advance of his upcoming new book, "If Your Mouth Could Talk," coming out in 2021.*

Oral diseases are some of the most common, yet preventable illnesses across the globe, but what happens in the mouth does not always stay in the mouth. Your mouth is the gateway to your body and is the most critical organ for extending (or shortening) your years, said Dr. Hoss, who is also the co-founder of The Super Dentists, one of Southern California's largest group dental practices.

Dr. Kami Hoss writes about the connection between poor oral health and a host of physical diseases people are more susceptible to when they do not take care of their oral health. You can download this complimentary eBook, "The Surprising Link Between Oral Health & COVID19," when you reserve your copy of "If Your Mouth Could Talk," on his new website, DrKamiHoss.com.

"No one is really talking about the oral health-overall health connection," said Dr. Hoss, an orthodontist with 24 years of experience. Since the onset of COVID, Dr. Hoss has elevated the conversation in the media and to the dental industry and the public, by discussing oral health's impact on overall health and how maintaining oral health, especially during the pandemic, is a key factor to staying healthy.

Poor oral health can significantly increase the risk of life-threatening COVID-19 complications. When you do not take good care of your mouth, you're likely to experience bleeding, swollen gums. Bleeding gums are a symptom of gum disease, which means the mouth is infected with oral bacteria. Scientists in Britain found a link between oral bacteria and severe COVID-19 complications.

In his groundbreaking book, Dr. Kami Hoss connects the dots between oral health and whole-body health and offers a roadmap to a longer, more successful future. "Mouths are the most critical organ for adding years to your life," he said. "Everything in the human lifecycle is related to the mouth: fertility, childbirth, sleeping soundly, success in school, finding a mate, getting a job, psychological well-being, avoiding chronic or systemic disease, and aging well."

"An unhealthy mouth can cause illness and even death much easier than you think," said Dr. Hoss. "Unfortunately, the mouth-body connection has been largely neglected by American medicine...until now. 'If Your Mouth Could Talk' is the result of over 20 years of first-hand experience and research."

For more information, visit [www.DrKamiHoss.com](http://www.DrKamiHoss.com), and for additional information on The Super Dentists, visit [www.TheSuperDentists.com](http://www.TheSuperDentists.com).

###

#### **About Dr. Kami Hoss**

[Dr. Kami Hoss](#), DDS, MS is a renowned author, consultant, inventor, speaker, and philanthropist in the fields of dentistry, healthcare, and education. Twenty-four years ago, he co-founded The Super Dentists with his business partner and wife, Dr. Nazli Keri. Their business has become one of the most trusted, top-awarded and leading pediatric dentistry, orthodontics, and parent dentistry practices in Southern California. He is also passionate about educating parents about dental care, oral health and whole-person healthcare, and integrated dental and medical care. Through community programs, events, seminars and speaking engagements, Dr. Hoss tackles topics like oral health and its impact on pregnancy, airway & sleep, psychological health and physical health.

In all his pursuits, [Dr. Kami Hoss](#) aspires to give back by being of service to the people in his community by creating opportunities for others to receive high-quality care and education. He has decades of experience working in the dental space and has treated more than 10,000 patients. He serves on the Board of Counselors, UCLA School of Dentistry, is the Founder and Chairman of the Board, at Howard Healthcare Academy Dental Assisting School in San Diego and has served on the faculty of the University of Southern California's postgraduate orthodontic program. He is a member of the American Association of Orthodontists, American Dental Association, California Dental Association, and San Diego Dental Society. He has developed a reputation for innovation and making oral health care accessible, welcoming, educational and entertaining for families.

#### **About The Super Dentists**

The Super Dentists is San Diego's largest, most trusted and top awarded Pediatric Dentistry, Orthodontics and Parent Dentistry practice – one in every five kids in San Diego is a Super Kid! They create the most unique and out-of-this-world dental experience for children and their parents. They're the only office in the world where kids ask (many times, beg) their parents to take them to the dentist; Highly trained and skilled, The Super Dentists take advantage of the latest in preventative and restorative treatments and are Invisalign and AccelaDent accelerated orthodontics specialists. They accept most insurance, including Medi-Cal, and they offer extended weekday hours, some weekend hours and 24/7 service for emergencies. With locations throughout San Diego (Carmel Valley, Chula Vista, Eastlake, Escondido, Kearny Mesa, and Oceanside), and growing, the practice gives back to its communities whenever possible, including an in-classroom dental education program, supporting the communities they serve, and providing complimentary dental care to those in need. For an appointment, book online at [TheSuperDentists.com](http://TheSuperDentists.com), call (760), (858) or (619) DENTIST (336-8478) or text: 1 (844) 765-1234. And for more information, please visit [www.TheSuperDentists.com](http://www.TheSuperDentists.com).